



In aid of Swimbridge Jubilee Hall,
Registered Charity No 300983
Race contact: 01271 830311

Sponsored by
REDMAYNE BENTLEY STOCKBROKERS
01392 687230

SWIMBRIDGE 10k and 3k FUN RUN ENTRY FORM

Sunday 22nd May 2011

3k starts at 10.00 am / 10k starts at 11.30 am

The 3k is from Swimbridge to Hannaford return

The 10k is up and over Swimbridge hills—part road, part track, stream crossings, woodland paths and stunning views – via the old silver mines and Daffodil Valley passing through the picturesque hamlets of Hannaford, Hearson, Wrimstone and Dennington.

Venue: Jubilee Hall, Barnstaple Hill, Swimbridge, North Devon
Parking – toilets – refreshments – first aid – marshals – insurance

Prizes:	3k Fun Run at 10.00 am (8–14 yrs)	10k Run at 11.30 am (min age 15 yrs)
	8–11 yrs M 1st 2nd 3rd	15 yrs+ M 1st 2nd 3rd
	8–11 yrs F 1st 2nd 3rd	15 yrs+ F 1st 2nd 3rd
	12–14 yrs M 1st 2nd 3rd	Veterans 40+ M 1st / F 1st
	12–14 yrs F 1st 2nd 3rd	Veterans 50+ M 1st / F 1st
	Best fancy dress 1st	

Entry fee: £8.00 10k fun run / £3.50 fun run (additional £2 if entering on day)

Closing date for postal entries: Monday 16 May 2011

Name DOB: (DDMMYY) Age:yrs M / F

Address:

Email: Postcode:

Contact Tel No: Name of affiliated Club (if applicable to you)

Emergency contact name & tel no:

Do you have any illnesses/medication the organisers should be aware of: Y / N

If yes, please give details:

Entry fee (please circle) as appropriate: 10 k Fun Run £8.00 enc / 3k Fun Run £3.50 enc

Please circle category entered: Parent/guardian to sign for under 18's

3k FUN RUN at 10.00 am 8-11 yrs 12-14 yrs MALE / FEMALE

10k FUN RUN at 11.30 am: MALE FEMALE

Cheques payable to: "Swimbridge Jubilee Hall". Send entries together with a large SAE to the Race Co-ordinator: Julie Whitton, The Yews, Barnstaple Hill, Swimbridge, Barnstaple, Devon, EX32 0PQ. Contact: 01271 830311 / email julie@theyews.org.uk

I agree to abide by the rules and understand that the organisers will not be held responsible for any injury, illness or accident to myself or loss of my property as a result of my participation in this event. Furthermore the information you have provided on this entry form will be used for the purpose of producing race results and for health & safety purposes only. This information will not be passed onto any other person or agency. To respect landowners wishes, no dogs on route. Thank you.

Signature of all applicants Signed consent of parent/guardian of applicants under 18's

I give consent for my / my child's photograph to be used for use in the promotion and publicity of the event Date: